

10 ideas for 2010 ACTSA World Cup 2010 activities pack



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ACTSA World Cup 2010 activities pack

This summer South Africa will host the FIFA 2010 World Cup, the largest international event ever held on African soil.

This pack includes a range of activities and ideas to allow you to celebrate World Cup 2010 in South Africa. It is aimed at individuals, groups, anyone interested in southern Africa, football and international development. We hope you will organise and encourage others to run events and activities for World Cup 2010 and that this pack assists you. Please do keep us informed of your events and activities, we want to hear your plans and promote them. If you want advice, assistance don't hesitate to contact ACTSA. We will do our best to help although we can't do it for you!

South Africa has come a long way since the end of apartheid 16 years ago. There is much to celebrate. There are though many deep and enduring challenges. We encourage people to be active and celebrate the World Cup in South Africa, help build links and solidarity between Britain and South Africa and challenge racism in Britain.

1. World Cup sweepstake

Workplaces up and down the country will be running sweepstakes for the World Cup. Print off ACTSA's ready made sweepstake pack and support ACTSA's work. (appendix 1)

2. Hold a party to promote South Africa

Hold a World Cup party, with a South African theme. People could wear fancy dress to represent the nation of their choice and suggest music in advance from their chosen country. You could also play some of the many songs written by some of the artists against apartheid (appendix 2).

Do the Diski dance. This simple yet energetic dance has proved immensely popular in South Africa. Diski is a common township word for football. Learn the moves here: www.learntodiski.com

Treat your friends to a Braai, a South African style barbeque (a number of recipes can be found in appendix 3).

You can hold an anti racist event or festival.

3. Hold a World Cup Quiz

ACTSA has devised a World Cup Quiz including activities and questions on southern Africa and football (appendix 4). Try it out in your local pub or at lunchtime.

4. Focus on history

Hold a public talk or film showing, hosted by a local anti apartheid activist. There are a number of excellent films on modern day South Africa as well as during apartheid. Hold a question and answer session after the showing with a local anti apartheid activist (see appendix 5 for a list of film reviews).

5. Learn about South Africa

Encourage your local school to use the 'Football and Freedom' teachers pack. The pack includes a range of resources enabling teachers to use the World Cup to teach about South Africa's history, culture and development and is suitable for children

aged 9-14. The pack is available on both the ACTSA and NUT websites.
www.teachers.org.uk/footballandfreedom

6. Encourage your council to mark the occasion

ACTSA and Local Authority Action for Southern Africa have devised a pack of ideas for local authorities to encourage them to celebrate World Cup 2010. England is bidding to host the World Cup in 2018. The economic benefits that the tournament could bring to Britain are great, along with the health benefits as thousands more people take up football. Encourage your local authority to be active and hold or at least facilitate events to celebrate the 2010 World Cup.

7. Hold a football tournament

Hold a five or six a side World Cup tournament with different teams representing different nations participating in the tournament. There are 32 teams participating in the competition, but you might want teams to represent a few, possibly one from each continent, or one for each of the six competing African nations. You could ask competing teams to pay an entrance fee or raise funds through sponsorship for a southern African project or cause.

8. Celebrate Football Fridays

In the run up to the World Cup, football fans throughout South Africa have been wearing a football shirt to work on Fridays, playing football on a Friday afternoon, flying the South African flag and learning the Diski Dance. Football Fridays are intended to develop excitement around the World Cup and develop unity and support for all competing African nations. Hold your own Football Friday, learn the Diski Dance www.learntodiski.com and ask people to make a donation to wear their football shirt to work or school.

9. Do ACTSA's World Cup online action

From May 10th (anniversary of Nelson Mandela's inauguration and immediately after expected UK election) until the end of the World Cup, ACTSA will be running an online action for individuals to call on the British Government to act internationally to ensure mother to child transmission of HIV is eliminated in southern Africa, the most affected region in the world by the HIV/AIDS pandemic. Take part in the action and get your friends, family and colleagues to do the same. Go to the ACTSA website, www.actsa.org

10. Linking

Link your community or organisation to a counterpart in South Africa. The massive interest in the World Cup will provide schools, churches, hospitals, groups and communities with a great incentive to develop new and existing links along with the development, education and friendship that go with them. There is a wealth of best practice, resources, organisations and even funding to support community linking. Contact ACTSA for further details.

Appendices

1. Key dates
2. World Cup sweepstake pack: Everything you need to run a workplace sweepstake.
3. Music against apartheid: A selection of the music produced in opposition to the apartheid regime.
4. South African Braai recipes
5. World Cup Quiz questions
6. South African film reviews

Appendix 1: Key dates

March

21st 50th anniversary of the Sharpeville Massacre; International Day for the Elimination of Racial Discrimination.

April

18th Independence Day Zimbabwe (30th anniversary).

27th South Africa Freedom Day - 16th anniversary of South Africa's first democratic elections.

May

1st Workers day (May Day).

10th Anniversary of Nelson Mandela's inauguration as South Africa's first democratically elected President.

16th International AIDS Candlelight Memorial Day.

25th Africa Day.

Date TBC: England vs Mexico (Friendly) Wembley.

June

11th World Cup opening match, South Africa v Mexico.

12th 1964 Nelson Mandela and others sentenced to life imprisonment; 1988 Wembley Mandela concert.

12th England v USA kick off 19.30 (UK time) Rustenburg.

16th South Africa Youth Day- anniversary of Soweto uprising in 1976, murder of Hector Petersen.

18th England v Algeria kick off 19.30 (UK time) Cape Town.

23rd England v Slovenia kick off 15.00 (UK time) Port Elizabeth/Mandela Bay.

July

11th Police raided Rivonia HQ of the ANC MK; World Cup Final.

Appendix 2: World Cup 2010 Sweepstake

This section includes:

1. Instructions to running your sweepstake
2. Team cut-out sheets
3. World Cup 2010 Sweepstake Chart

How to use the sweepstake:

1. Decide the donation you would like to ask for each place in the sweepstake. Whatever you decide to charge, we recommend that you put 50 per cent in the prize fund and 50 per cent goes to ACTSA.
2. Print out a copy of the team cut-out sheets
3. Cut along the lines for all the competing teams, and place each team name into a container, ready to be drawn.
4. Sweepstake participants can then make their donation, draw a team at random and write their name on the chart against the team they have drawn.
5. Whoever picks the name of the winning team in the World Cup final on 11th July wins the sweepstake and collects the prize fund.

If there is a high level of interest, you may decide to run more than one sweepstake. Please make any money you raise payable to ACTSA, 231 Vauxhall Bridge Road, London, SW1V 1EH

Team cut out sheets:

	Algeria
	Argentina
	Australia
	Brazil
	Cameroon
	Chile
	Cote D'Ivoire
	Denmark
	England
	France
	Germany

	Ghana
	Greece
	Honduras
	Italy
	Japan
	Mexico
	Netherlands
	New Zealand
	Nigeria
	North Korea
	Paraguay
	Portugal
	Serbia
	Slovakia
	Slovenia
	South Africa
	South Korea
	Spain
	Switzerland
	Uruguay
	USA

World Cup 2010 Sweepstake Chart

 Team	Drawn by
 Algeria	
 Argentina	
 Australia	
 Brazil	
 Cameroon	
 Chile	
 Cote D'Ivoire	
 Denmark	
 England	
 France	
 Germany	
 Ghana	
 Greece	
 Honduras	
 Italy	
 Japan	
 Mexico	
 Netherlands	
 New Zealand	
 Nigeria	
 North Korea	
 Paraguay	
 Portugal	
 Serbia	
 Slovakia	
 Slovenia	
 South Africa	
 South Korea	
 Spain	
 Switzerland	
 Uruguay	



USA

Appendix 3: Music against apartheid

Free Nelson Mandela, by Special AKA
Something Inside So Strong, by Labi Siffre
Johannesburg, by The Housemartins
Gimme Hope Joanna, by Eddy Grant
It's Wrong (Apartheid), by Stevie Wonder
Sun City, by United Artists Against Apartheid
Free South Africa, by Stetsasonic
I Ain't Gonna Play Sun City, by Little Steven
The Message, by Grandmaster Flash
One Man One Vote, by Johnny Clegg & Savuka
Scatterlings of Africa, by Savuka
Weeping, by Bright Blue

Appendix 4: Braai recipes

South African Braai Sauce

This popular braai sauce is often used as a marinade, but can also be used as an accompaniment to your braai.

Ingredients

- 3 cloves of crushed garlic
- 2 medium chopped onions
- 1 de-seeded and chopped green sweet pepper
- 15 ml cooking oil
- 1 tin whole tomatoes, chopped
- 1 tablespoon of tomato puree
- 30 ml Worcestershire sauce
- 2 ml Tabasco Sauce
- 50 ml vinegar
- 50 ml brown sugar
- 1 tsp mustard
- 30 ml fruit chutney

To Make the Sauce:

1. Fry the onions, garlic and pepper in the oil until the onions are translucent.
2. Add the rest of the ingredients and simmer for 30 minutes.

Quick Braai Sauce

A very easy to make braai sauce perfect for marinades.

Ingredients

- 2/3 cup tomato sauce
- 2 tablespoons each brown sugar
- 2 tablespoons Worcestershire sauce
- 2 tablespoons lemon juice
- 1 tablespoon cider vinegar
- 2 teaspoons mustard powder
- 1 teaspoon chilli powder
- 1 teaspoon of nutmeg
- Half a teaspoon salt

To Make the Sauce:

Just mix the ingredients together in a bowl!

Lamb Sostaties**Ingredients:**

- 500g cubed Lamb
- 2 large onions one cut into wedges, one chopped
- 50ml olive oil
- 4 cloves of crushed garlic
- 1 tablespoon of curry powder
- 1 teaspoon of turmeric
- 1 tablespoon of brown sugar
- 4 crushed bay leaves
- 1 tablespoon of lemon juice
- 2 lemons cut into small wedges
- 120ml beef or chicken stock
- 125g dried apricots
- 1 green pepper cut into squares
- butter
- Skewer sticks

To make the Lamb Sostaties:

To make the marinade heat the butter in a saucepan and sauté the chopped onion, garlic and curry powder for a few minutes. Add the turmeric, lemon and stock and bring to the boil.

Place the lamb in a non-metal bowl with the bay leaves. Pour sufficient of the cooled marinade over your meat mixture and place in the fridge to marinade overnight. Save some of the marinade for your sauce.

Skewer the lamb, apricots, green pepper and onion wedges onto the sticks.

For the sauce, pour the marinade you set aside into a saucepan, add some butter and salt and pepper to taste, bring to the boil and serve warm with the sostaties and lemon wedges.

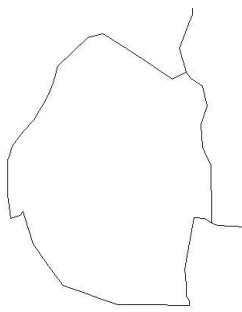
Cook your sostaties on the braai turning them on a regular basis.

Appendix 5: World Cup 2010 Quiz

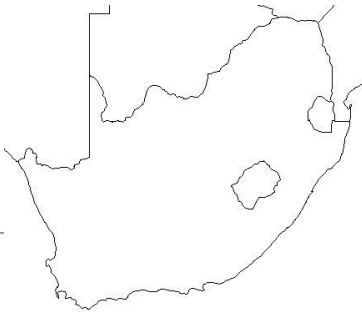
Round 1: Southern African Geography

Put a name to each to each of the southern African countries below

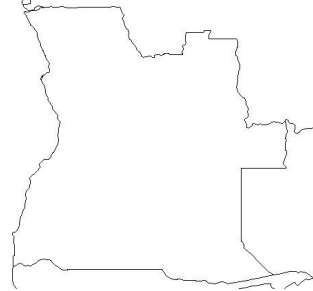
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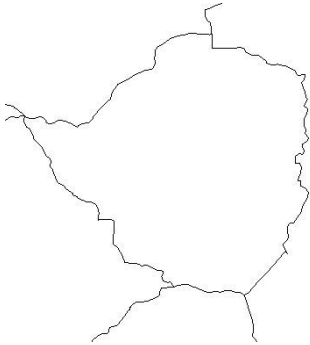
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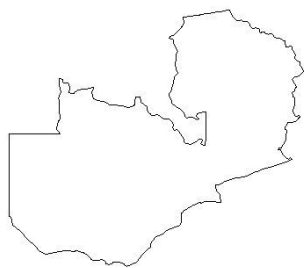
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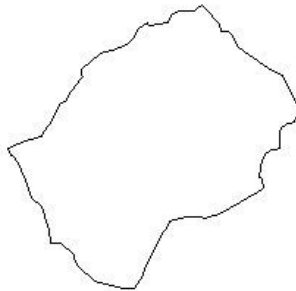
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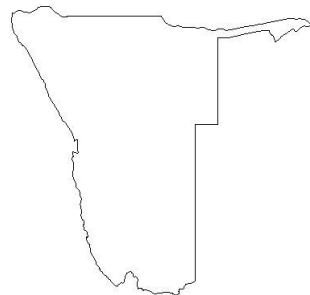
7.



8.



9.



Round 2 answers:

- 1: Swaziland
- 2: South Africa
- 3: Angola
- 4: Zimbabwe
- 5: Malawi
- 6: Mozambique
- 7: Zambia
- 8: Lesotho
- 9: Namibia

Round 3: Southern Africa

1. I am the second largest oil producing country in sub-Saharan Africa

- A: Angola
 - B: Botswana
 - C: Mozambique
- Answer: A, Angola

2. I held parliamentary and presidential elections in May 2009

- A: South Africa
 - B: Malawi
 - C: Zambia
- Answer: B, Malawi

3. I have what is probably the longest state of emergency in the world, since 1973.

- A: Angola
 - B: Lesotho
 - C: Swaziland
- Answer: C, Swaziland

4. I changed my name in 1895, 1898, 1970 and 1980

- A: Namibia
 - B: Zambia
 - C: Zimbabwe
- Answer: C, Zimbabwe

5. My economy has traditionally been reliant on copper mining

- A: Zambia
 - B: Botswana
 - C: Namibia
- Answer: A, Zambia

6. I have 11 official languages

- A: Zimbabwe
 - B: South Africa
 - C: Angola
- Answer: B, South Africa

7. I am home to the richest diamond mine in the world

- A: Botswana
- B: South Africa

C: Angola
Answer: A, Botswana

8. My primary export is water
A: Namibia
B: Lesotho
C: Mozambique
Answer: B, Lesotho

9. I am the fifth least densely populated country in the world, and the least densely populated country in Africa
A: Swaziland
B: Botswana
C: Namibia
Answer: C, Namibia

10. I suffered a civil war, funded by the apartheid government, which ended in 1992
A: South Africa
B: Mozambique
C: Lesotho
Answer: B, Mozambique

Round 4: Who's who in Southern Africa?

1. Which South African actress won an Oscar in 2004 for her portrayal of a serial killer?
A: Nicole Kidman
B: Charlize Theron
C: Thandie Newton
Answer: B, Charlize Theron

2. Which famous southern African church leader's surname also doubles as slang for a lower-second degree?
A: Trevor Huddleston
B: Frank Chikane
C: Desmond Tutu
Answer: C, Desmond Tutu

3. For what is Zimbabwean Makosi Musambasi best known in the UK?
A: Writing a political column for the Saturday Guardian
B: Being a regular contributor to 'Mock The Week'
C: Coming 3rd in Big Brother 6
Answer: C, coming 3rd in Big Brother 6

4. Which South African author is the only person to have won the Booker Prize twice?
A: Doris Lessing
B: J.M. Coetzee
C: Nadine Gordimer
Answer: B, J.M. Coetzee

5. What is the name of the second Malawian child adopted by Madonna in 2009?
A: Lourdes
B: Jesus
C: Mercy

Answer: C, Mercy

6. Which daughter of a Zimbabwean mother has starred in films including 'Run Fat Boy Run', 'The Pursuit of Happiness', and 'Mission Impossible 2'?

A: Thandie Newton

B: Halle Berry

C: Sophie Okonedo

Answer: A, Thandie Newton

7. Which ex-Southern African leader's wife is the only woman in history to have been married to two African presidents? (Bonus points for naming them)

A: Grace Mugabe

B: Graca Machel

C: Winnie Mandela

Answer: B, Graca Machel

(Bonus points: married first to ex-Mozambican president Samora Machel, now to ex-South African president Nelson Mandela)

8. Which UK-based band, who had a hit with 'Don't Upset The Rhythm' this year, has a lead singer whose name means 'persevere' in the Zimbabwean language Shona?

A: The Noisettes

B: JLS

C: N-Dubz

Answer: A, The Noisettes

9. Which American actress chose Namibia as the birth-place for her daughter recently?

A: Julia Roberts

B: Katie Holmes

C: Angelina Jolie

Answer: C, Angelina Jolie

10. Which talk-show host opened her own school in South Africa in 2007?

A: Oprah Winfrey

B: Trisha Goddard

C: Ricki Lake

Answer: A, Oprah Winfrey

Round 5: Make a Makarapa

The makarapa is a hand-cut and hand painted hard hat. It is often worn by South African football fans.

In this round your team will be tasked with making a makarapa using the materials you have been given. You will be awarded up to 10 points for the most creative makarapa.

You have 10 minutes for this task.

Materials:

- Card
- Scissors
- Stapler
- Crayons



Appendix 6: South African Films

There are a wide range of films available about the current situation in South Africa as well as the campaign against Apartheid. Here's a selection of ACTSA's favourites.

Mapantsula

The first anti-apartheid feature film by, for and about black South Africans, MAPANTSULA follows Panic's transformation from irresponsible and violent loner to someone compelled to take a stand. Shot in and around Soweto, it was originally banned in South Africa.

In English, Zulu, Sotho, Afrikaans with English Subtitles

South Africa, 1988 - 104 mins

Jump the Gun

An ironic look at contemporary South African society, seen through the eyes of a group hanging out in Johannesburg's underbelly.

Drama, South Africa, 1997 - 244 min

Tsotsi

Tsotsi (thug) is the perfect name for this violent, cold-hearted young gang leader whose turf is the townships outside Johannesburg where he leads his friends in vicious robberies and worse. One night, he shoots a young woman and jacks her car. Little does he know that the baby he later discovers in the back seat will change his life forever. Based on Athol Fugard's novel, TSOTSI is shot with an urgent energy and music soundtrack that recalls films like CITY OF GOD. TSOTSI was been nominated for Foreign Language Oscar.

In Tsotsitaal, Afrikaans, English with English Subtitles

South Africa, United Kingdom, 2005 - 94 mins

Have you heard from Johannesburg?

Traces the rise of the 1980s anti-apartheid movement. Through fascinating news footage, insightful interviews and an evocative musical score, academy Award-nominated filmmaker Connie Field perfectly captures the look and feel of the times. From its first frame the film dives into the highs and lows of this real-world grassroots drama, as Bishop Desmond Tutu pleads for help, President Ronald Reagan turns the other cheek and a small group of African American politicians use the media to get attention. We watch as Americans cross both party and racial lines to demand US divestment in South Africa, complete with celebrity-fuelled demonstrations and the creation of mock shantytowns. An object lesson for our own time, this inspiring work reveals the true power of the people.

South Africa, 2006, 89 minutes

Fair Play

Fair Play, also part of the 'Have you heard from Johannesburg' series, tells the story of the international boycott of apartheid sport and how it led to the barring of many of South Africa's teams from world competitions for decades. It looks at the campaign against apartheid sport in a number of countries with a strong focus on the Olympics as well as rugby. The international boycott against apartheid sports teams helped bring South Africa's human rights crisis to the world's attention and sever white South Africans' cultural ties to the West. Fair Play includes not only those who took part in the boycott but those who opposed it both in South Africa and in the West.

Clarity Films, 2010

A Dry White Season

A prominent white school teacher living in South Africa and accepting the apartheid system, finds his life shattered when his black gardener is killed after trying to investigate his son's death. He hires a lawyer to help him expose the injustices of the government. Starring Donald Sutherland is based on an anti-apartheid novel by Andre Brink. Academy Award Nominations: Best Supporting Actor--Marlon Brando. South Africa, 1989, 107 minutes

Cry the beloved country

The third film adaptation of Alan Paton's novel. Father Stephen Kumalo lives in a small South African town, detached from the Apartheid-related hardships of the larger cities. But when he receives a letter indicating that his sister is in trouble, Father Kumalo journeys to Johannesburg. Once there, his eyes are opened to the violence, poverty, and hardships that his fellow countrymen must suffer. After an arduous search, Kumalo finds his sibling and later his estranged son, only to find that both are engaged in illegal activities just to stay alive. Furthermore, Kumalo's son has killed a white man. Father Kumalo realizes that he faces an uphill battle if he is going to keep his reunited family together.

Both Sidney Poitier and Richard Harris versions are recommended
South Africa, 1995, 120 minutes

Cry Freedom

This film describes Donald Woods' extraordinary experiences from his first meeting with Biko in 1975 to his dramatic flight into Losotho less than three years later. In so doing, the film confirms with sympathy and a deal of emotional clout what we all knew - that Biko was a truly great man, that apartheid and the regime enforcing it were inhumane, and that love must overcome hatred. Cleverly, it does all that while beating to the pace of a thriller, reaching fever pitch after Biko's demise when Woods, hounded by a gnashing John Thaw (playing Minister Of Police, James Kruger), attempts to uncover the brutal truth of his friends
South Africa, 1987, 158 minutes

End Game

A thrilling political drama about the 1985 talks which helped pave the way for the negotiations which brought an end to apartheid. Influential Afrikaner, Professor Esterhuyse sits down face to face with representatives of the ANC, led by future President Thabo Mbeki in the unusual setting of a Somerset Country House. The secret talks are led by Michael Young, a British businessman employed by a mining company, keen to see stability in a country many thought was on the verge of civil war.

Channel 4, 1999